

Change Millions of Lives... Including Your Own.



Join us in our search for ways to **Cure**,
better Treat, and **Prevent** type 1 diabetes

Conquer More Than a Hill

Riders from around the world take on two challenges:
raising the money needed to fund the research for better treatments and a cure for diabetes, and reaching a personal training goal to prepare for a unique cycling experience.



It's About More Than the Miles

The JDRF Ride to Cure Diabetes offers:

- Multiple fundraising and mileage options
- Personalized training with a USA Cycling certified coach in your local area
- Ride destinations and distances for Riders of all fitness levels

Be Part of Something Bigger than Yourself

You will experience a fun-filled weekend that includes bike seminars, planned excursions, and team building celebrations. It all leads up to the big event...Ride Day!



COME RIDE WITH JDRF in 2012!!!

Burlington, VT	July 12 – July 15
La Crosse, WI	August 16 – August 19
Lake Tahoe, CA	September 7 – September 10
Death Valley, CA	October 18 – 21
Tucson, AZ	November 15 – 18

*And a possible new (6th) location!



For more information on the 2012 Ride season,
email us at: ride@jdrf.org
Registration will open in January.
Look for details in the coming weeks.